

Prayers to Know by Heart

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name;
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread; and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with you.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen

Glory Prayer

Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and ever shall be,
world without end. Amen.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

Grace before Meals

Bless us, O Lord, and these your gifts
which we are about to receive from your goodness (bounty).
Through Christ our Lord. Amen.

Grace after Meals

We give you thanks for all your gifts, almighty God,
living and reigning now and for ever. Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful.
And kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And you will renew the face of the earth.

The Mysteries of the Rosary

Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding of Jesus in the Temple

Mysteries of Light

1. The Baptism of Jesus in the Jordan River
2. The Miracle at the Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration of Jesus
5. The Institution of the Eucharist

Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Coming of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary

Hail, Holy Queen

Hail, holy Queen, mother of mercy,
hail, our life, our sweetness, and our hope.
To you we cry, the children of Eve;
to you we send up our sighs,
mourning and weeping in this land of exile.
Turn, then, most gracious advocate,
your eyes of mercy toward us;
lead us home at last
and show us the blessed fruit of your womb, Jesus:
O clement, O loving, O sweet Virgin Mary.

Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit,
and born of the Virgin Mary,
He suffered under Pontius Pilate, was crucified, died, and was buried.
He descended to the dead.
On the third day he arose again.
He ascended into heaven, and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

Morning Prayer

God, our Father,
I offer you this day,
all that I think and do and say,
uniting it with what was done on earth
by Jesus Christ, your Son.
Amen.

Morning Offering

My God, I offer you my prayers,
works, joys and sufferings of this day
in union with the holy sacrifice of the Mass throughout the world.
I offer them for all the intentions of your Sons' Sacred Heart,
for the salvation of souls, reparation for sin,
and the reunion of Christians.
Amen.

Evening Prayer

Dear God,
before I sleep I want to thank you for this day
so full of your kindness and your joy.
I close my eyes to rest safe in your loving care.

Act of Faith

O my God,
I firmly believe that you are one God
in three divine Persons, Father, Son, and Holy Spirit;
I believe that your divine Son became man and died for our sins,
and that he will come to judge the living and the dead.
Amen.

Act of Hope

O my God,
relying on your infinite goodness and promises,
I hope to obtain pardon of my sins,
the help of your grace, and life everlasting,
through the merits of Jesus Christ, my Lord and Redeemer.
Amen.

Act of Love

O my God, I love you above all things,
with my whole heart and soul,
because you are all good and worthy of all my love.
I love my neighbor as myself for the love of you.
I forgive all who have injured me
and I ask pardon of all whom I have injured. Amen.

A Vocation Prayer

God, I know you will call me for special work in my life.
Help me follow Jesus each day and be ready to answer your call.

Guardian Angel Prayer

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

The Ten Commandments

1. I am the Lord your God. You shall have no other gods before me.
2. You shall not take the name of the LORD your God in vain.
3. Remember to keep holy the Sabbath day (Sunday).
4. Honor your father and your mother,
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.